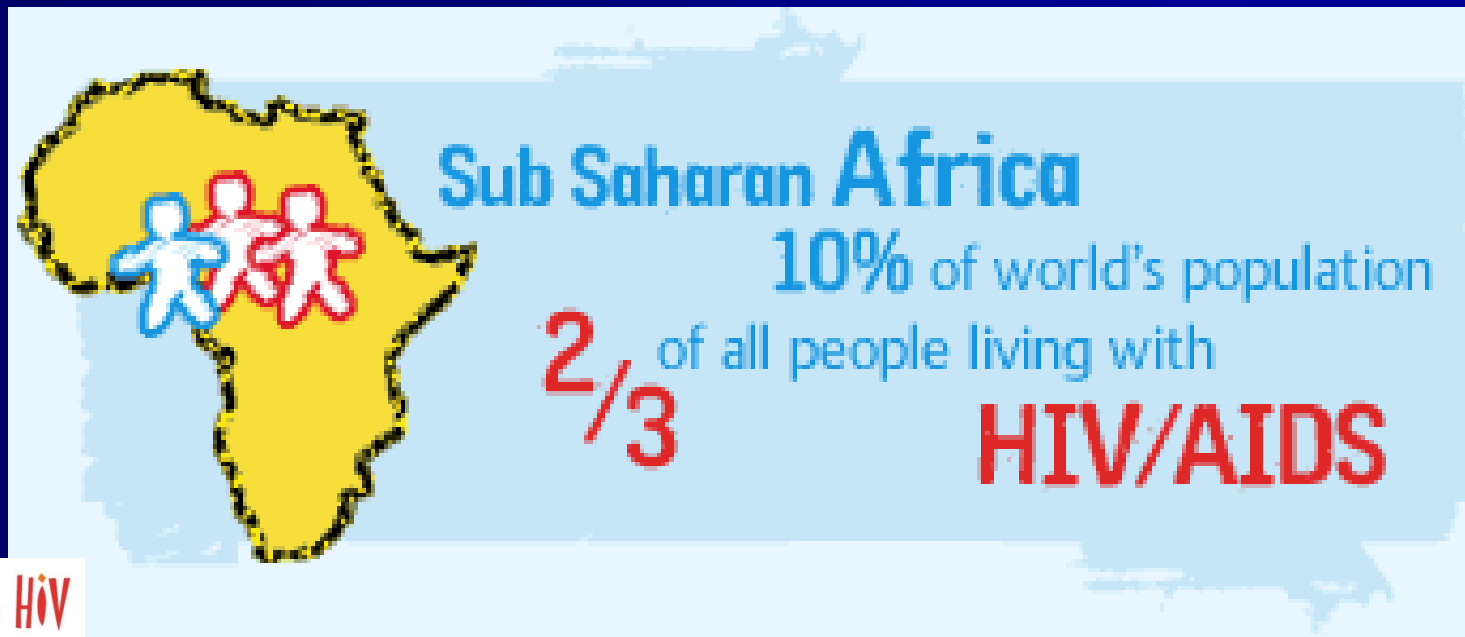




DEVELOPING AND VALIDATING A CULTURAL AND AGE APPROPRIATE RISK REDUCTION COUNSELLING INTERVENTION FOR ADOLESCENT HIV VACCINE TRIAL PARTICIPANTS

*J Dietrich, G Gray, K Sikemma, J McCintyre,
G De Bruyn, P Modiba, S Dladla, M Khunwane,
A Kleinhans*

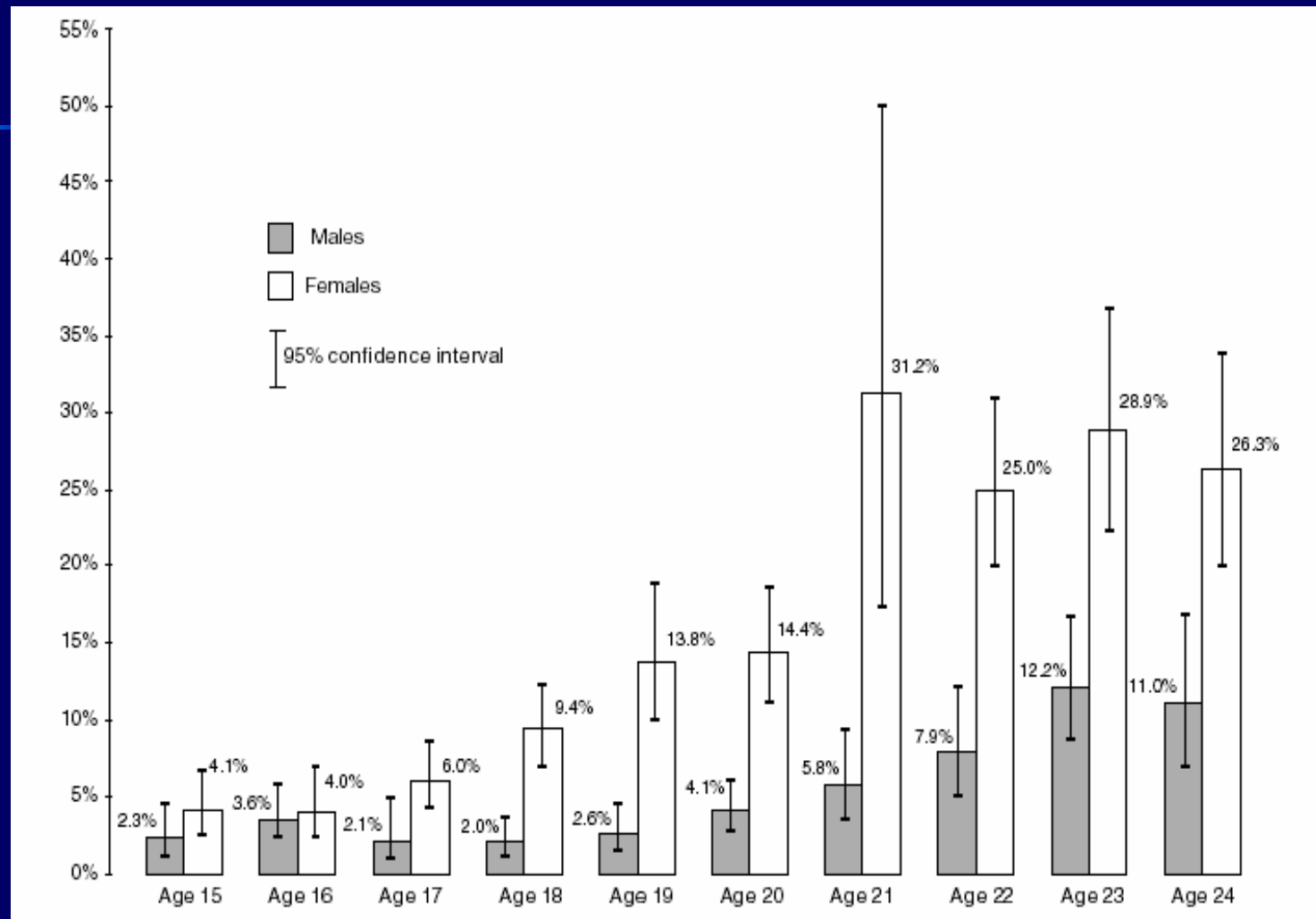
South Africa has the highest number of HIV infections in the world!



Background

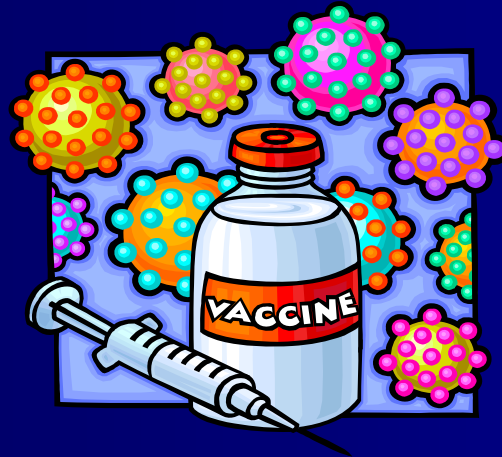
- Adolescents at significant risk of contracting HIV
- Developmental phase
- High risk taking behaviours
- Peer pressure
- Disintegrated families

South African Youth Household Survey 2003: HIV prevalence (11 904 15-24 year olds)



Biomedical Interventions

- Adolescent involvement



Aims

- To adapt the Centers for Disease Control and Prevention (CDC) risk reduction intervention model for 16-18 year olds
- To explore social and behavioural risks of 16 -18 year old adolescents in Soweto

Centres for Disease Control Counselling Model

Pre Test
Counselling



HIV TEST



Post Test
Counselling

Method

- QUALITATIVE RESEARCH DESIGN
- Ecological Systems Model
- 8 focus group discussions (8 – 12 pps)
 - 2 adolescent boys
 - 2 adolescent girls
 - 2 parents
 - 2 counsellors

How to Talk
So Teens
Will Listen
& Listen
So Teens
Will Talk

Adele Faber &
Elaine Mazlish

Authors of *How to Talk So Kids Will Listen & Listen So Kids Will Talk*
for 2000 and *How to Talk So Teens Will Listen & Listen So Teens Will Talk*
for 2000 and 2001



MOM, WHAT'S AN ORGASM?

DON'T LOSE YOUR SMILE...

0800 121 100

TOLLFREE HELPLINE

**PERINATAL HIV
RESEARCH UNIT**

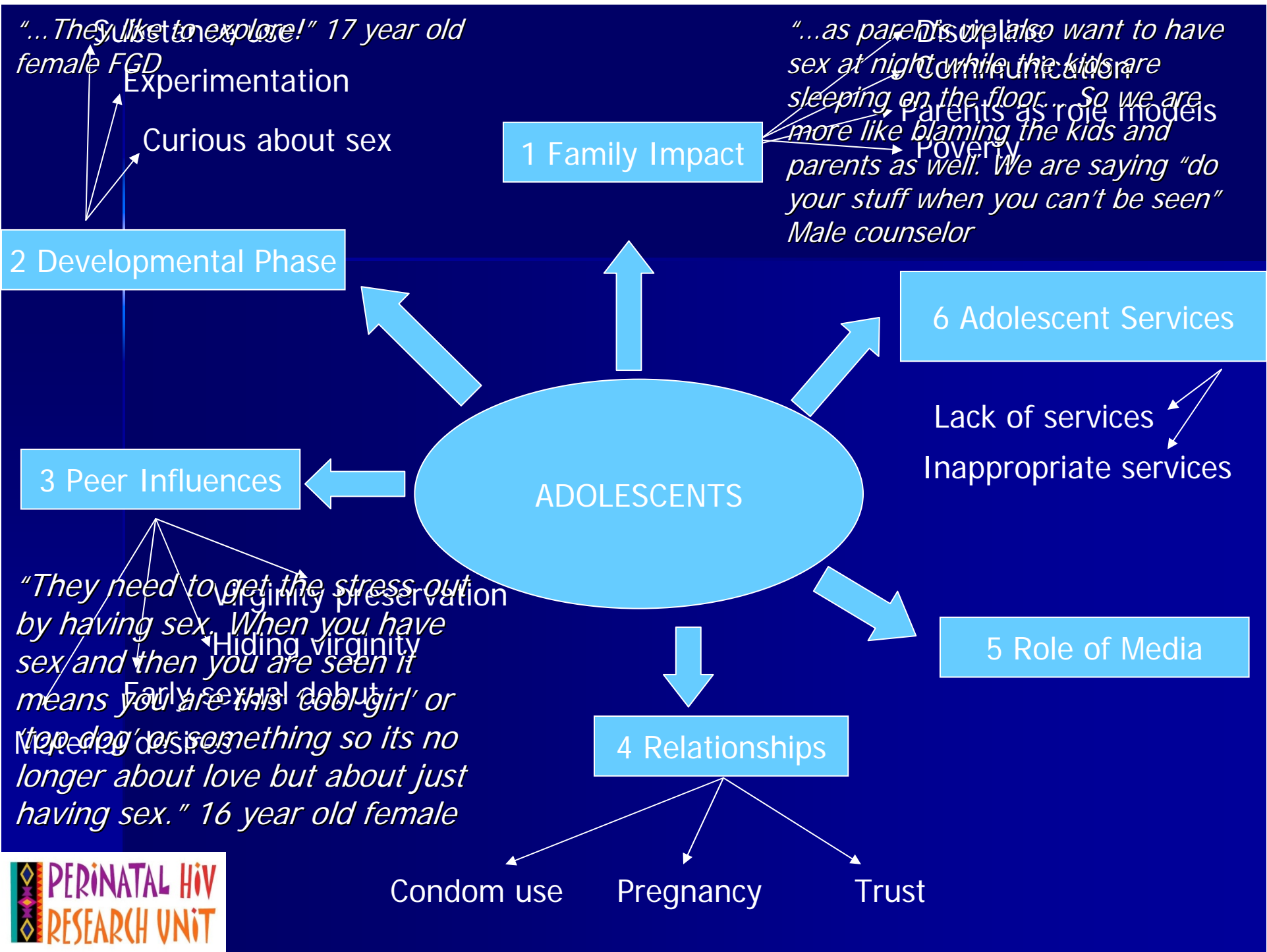


LOVE THEM ENOUGH TO TALK ABOUT SEX

talk about it **love
Life**

- "I told her that if you sleep with a boy you will pay!" Female Parent FGD 1

- *"Okay with me at the first time I use to be scared talking intimate things with my parents but this year on my seventeen year old birthday my father kind of like surprised me like my father is a priest ... on my seventeen year birthday he said: 'Son you seventeen years old.' He gave me a box of condoms. You know I was like, 'Oh my God, what is he thinking?' I mean I am not yet ready for sex but he is giving me condoms."* 17 year old male FGD 2



Implications

- Context
- Identification of Key Risk Factors
- Communication



Acknowledgements

- FUNDER - National Institute of Mental Health
- Prof Gray
- Prof Sikkema
- Mamakiri Khunwane
- Phindile Maesela
- Adolescent CAG

CONTACT dietchj@hivsa.com for more information